



NGOC 2020 League

Event 3 – Minchinhampton(Middle Distance)

Level: D (Local)

Sunday 8th March 2020

NGOC is pleased to invite you to a Middle Distance orienteering race at Minchinhampton Common. A biological and geological site of special scientific interest, one of the largest grassland commons in the Cotswolds and home to rare butterflies, wild orchids and iron age earthworks. For more information about the Minchinhampton Common visit the [National Trust website](#).

Please note that this is a Sunday event, with a later start time than normal. This is to minimise interaction with golfers.

Directions and Parking

The parking is alongside the Culver Hill road, adjacent to the [Minchinhampton reservoir, GL5 5JG](#)

[Streetmap](#)

What 3 words: [weekend.wobbles.bake](#)

All juniors are to stay to the north side of the earth bank when not accompanied by an adult.

The Area

Mostly flattish open grassland with some quiet roads and paths around the picturesque village of Amberley. There are many thickets, knolls, depression and historic iron-age earthworks.

The grass over the common is quite short at this time of year, so the area is generally very runnable.

The Map

1:10,000, 5m contours. A4 , printed on waterproof paper, with control descriptions printed on front of map, loose descriptions also available at the Start. Brown and Short Green both loop back on themselves so have double sided maps

Start and Finish

Start and Finish are adjacent to the assembly area, to the East of the reservoir.

Courses

Course	Length - Km	Climb - m	Controls
Brown	7.2	140	28
Blue	5.2	75	16
Green	3.9	65	20
Short Green	3.2	20	14
Orange	2.9	40	15
Yellow	2.4	25	12


Regrettably there will be no string course.

There is a manned road crossing on the Yellow, Orange and Green courses. There are controls on both sides of the road crossing which all competitors must punch when crossing the road in both directions. The crossing will be timed out.

The Short Green, Blue and Brown courses will cross the roads several times away from manned crossing points. None of these crossings will be timed out.

Juniors under the age of 16 on the day of the event may run the Yellow, Orange or Green course unaccompanied, but not the Short Green, Blue or Brown course.

We will use SI Timing, in contact and touch free modes. All runners however must punch the Start and Finish controls.

Timings and Fees	<p>Registration: 13:15 – 14:45 Starts: 13:30 – 15:00 Courses close: 16:30, meaning you must report back to download by 16:45</p> <p>Fees: £7 Seniors, £2 Juniors, or £6/£2 by pre-entry via Fabian 4 £8/£2 for non-BOF members SI hire: £1 Seniors, or £2 for touch free hire, Juniors free</p> 
Dogs	<p>Allowed in Parking, Assembly and on courses</p>
Facilities	<p>The NGOC cafe will be present</p>
Safety	<ul style="list-style-type: none"> • Orienteering is an adventure sport. All runners take part at their own risk and are responsible for their own safety. • There are several roads criss-crossing the Common. All runners must check carefully before crossing any roads. • A risk assessment has been completed, and a copy will be held at Registration in case competitors wish to consult it before their run. • Competitors may run alongside roads, but not on roads. Roads will be marked as uncrossable on junior courses and warning written on senior courses • A first aid kit and trained first aiders will be available at Registration.
Officials	<p>Organiser/Planner: Samuel Taunton sjtaunton@gmail.com 0781 556 5667 Adviser: Paul Taunton</p>